

Macrobiotic Resources Network

The Macrobiotic Resources Network is used by:

- centers across the country in providing people access to sources near to them
- travelers looking for contacts along their journey
- individuals interested in keeping up with who's doing what where

Highlights of the Network are:

- complete listing in each issue of Macrobiotics Today (six issues per year)
- updated bimonthly for free for accuracy
- those listing choose their own description
- boxed listings for extra explanations and visual impact
- those listing receive full membership privileges from the George Ohsawa Macrobiotic Foundation, including a subscription to Macrobiotics Today and a 10 percent discount on retail purchases

The Basic Listing allows you up to **eight words** to describe your product or service plus your contact information: name, address, phone and fax numbers, email and website address. The cost amounts to only \$4 per month in the United States—one of the best bargains anywhere.

The Boxed Listing allows you up to **thirty-two words** to describe your product or service plus your contact information: name, address, phone and fax numbers, email and website address. The cost amounts to only \$7 per month in the United States—another great bargain.

The Deadline for copy is the 15th of the month, one and a half months prior to the publication date; e.g., January 15 for March/April.

To begin or renew your listing or for questions call 530-566-9765, send a fax to 530-566-9768, email gomf@earthlink.net, or write the address below.

Cost	Within U.S.	Outside U.S.
Basic Listing	\$48.00	\$60.00
Boxed Listing	\$84.00	\$96.00
Partial year per issue prices are those above divided by 4		
Changes to listing are free		



Make checks payable to G.O.M.F. and send to:

**George Ohsawa
Macrobiotic Foundation**

PO Box 3998, Chico, CA 95927-3998

530-566-9765; fax 530-566-9768

Email: gomf@earthlink.net

Macrobiotic Resources Network

Type of Listing:

_____	Basic, within U.S. = \$48.00
_____	Basic, outside U.S. = \$60.00
_____	Boxed, within U.S. = \$84.00
_____	Boxed, outside U.S. = \$96.00

* If you are already a member of the George Ohsawa Macrobiotic Foundation, we will extend your listing based on the amount of time left on your membership. Call us if you have any questions.

Payment:

Amount enclosed \$ _____ Make checks payable to G.O.M.F.

Visa, MasterCard, or American Express # _____

Exp. date _____ Verification code _____ Signature of card holder _____

Listing:

Contact Person _____

Address _____

City _____ **State** _____ **Zip** _____

Phone _____ **fax** _____ **email** _____

Business name/Description _____



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